**Our Menu Week 1
(06/01, 27/01)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meaty Mains** | **Wholemeal Hawaiian Pizza with herby new potatoes** | **Chicken & Vegetable Curry with brown rice and pitta bread** | **Spaghetti Bolognaise with hidden veg & lentils, garlic bread** | **Roast Pork, stuffing, roast potatoes, seasonal veg and real gravy** | **Salmon Fishcakes, salad and spicy wedges** |
| **Herbivores** | **Wholemeal Margarita Pizza with herby new potatoes** | **Macaroni Cheese** | **Seasonal Vegetable Casserole**  | **Roast Quorn Fillet, stuffing, roast potatoes, seasonal veg and real veggie gravy** | **Cheese & Tomato Turnover, salad and spicy wedges** |
| **Lighter Bites** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** |
| **Homemade wholemeal crusty bread, and salad available every day** |
| **Puds****A Pudding of the Day will be available each day. We offer a range of mostly homemade puddings, we reduce sugar where possible, and add in fruit for sweetness** |
| **Fresh fruit & yoghurt available every day** |

**Our Menu Week 2
(13/01, 03/02)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meaty Mains** | **Sausage & Mash with onion gravy** | **Lasagne with hidden veg & lentils, and garlic bread** | **Chicken & Vegetable Pie with herby new potatoes** | **Roast beef, seasonal veg and all the trimmings** | **Breaded fish fillet and chips** |
| **Herbivores** | **Tomato & Cheese Pasta Bake** | **Mixed Veg Risotto** | **Vegetable & Lentil Lasagne**  | **Quorn Mince with seasonal veg** | **Veggie fingers and chips** |
| **Lighter Bites** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato.. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** |
| **Homemade wholemeal crusty bread, and salad available every day** |
| **Puds****A Pudding of the Day will be available each day. We offer a range of mostly homemade puddings, we reduce sugar where possible, and add in fruit for sweetness** |
| **Fresh fruit & yoghurt available every day** |

**Our Menu Week 3
(20/01, 10/02)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meaty Mains** | **Wholemeal Pepperoni Pizza with herby new potatoes** | **BBQ Chicken Pasta Bake** | **Mild Beef Chilli Con Carne, brown rice** | **Roast Chicken with all the trimmings** | **Fish Fingers and chips** |
| **Herbivores** | **Wholemeal Margarita Pizza with herby new potatoes** | **Vegetable Curry, brown rice, and pitta bread** | **Cheese & Potato bake with vegetables** | **Vegetable Pot Pie and roast potatoes** | **Quorn Dippers and chips** |
| **Lighter Bites** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** | **Jacket Potato. Choice of beans, cheese or tuna** |
| **Wholemeal crusty bread, & salad available every day** |
| **Puds****A Pudding of the Day will be available each day. We offer a range of mostly homemade puddings, we reduce sugar where possible, and add in fruit for sweetness** |
| **Fresh fruit & yoghurt available every day** |